My Not So Perfect Life by Sophie Kinsella

Discussion Questions

- 1. Describe Katie Brenner. Are there parts of her life you relate to as someone unsure in a job, worried about social acceptance, or dissatisfied with your path.
- 2. When Katie moves to London, she tries to erase her not so posh background by changing her name and accent. Is she being a phony, or a pragmatist in a class conscious world.
- 3. What does the title suggest about a central theme. Whose life is not so perfect in the novel, and where do you see the gap between image and reality.
- 4. Describe Demeter. What do you think of her. Does she remind you of Miranda Priestly in The Devil Wears Prada. Is she stereotyped, or have you known people like her.
- 5. When Katie leaves Cooper Clemmow, she calls out entitlement. Is that fair. Does what she learns later change your view. How do you think about your own advantages or lack of them.
- 6. Alex. Discuss.
- 7. What does Katie learn about Demeter at Anster Farm. How do her husband and children relate to her, and she to them. Why does she cry while nuzzling Carlo the horse.
- 8. Consider the big sister talk Katie has with Coco. What do Coco and Hal learn about their mother. What does Katie learn about Demeter.
- 9. Ultimately, what does Katie learn about herself and what matters most in life.
- 10. Is 'My Not So Perfect Life' funny. Which passages made you laugh or showed Katie's sharp observations.