

Book Club Questions

How To End A Love Story by Yulin Kuang

1. Helen feels pressured to meet her parents' expectations and worries that choosing Grant would betray her family. Should she prioritize family obligations over her happiness, or can she find a balance?
2. Helen and Grant both feel guilty about Michelle's death. Is it fair to blame themselves for something they could not control?
3. Helen discusses her identity and choices with her parents. Is reconciling family trauma essential for personal growth, or can one move forward while maintaining distance?
4. The characters deal with intense feelings of anxiety, grief, and uncertainty about their future and relationships. Are their ways of coping healthy or unhealthy?
5. This story delves into love, suicide, and family expectations. Did the romance balance the heavier issues, or did it sometimes seem out of place?
6. How did Helen and Grant grow or change throughout the story? Do you believe they can maintain a healthy relationship moving forward?
7. Did any parts of the story surprise you? What did the author do that made you want to keep reading? Were there parts where you lost interest?
8. Consider the romance novels you've read. How is "How to End a Love Story" different? Did the serious elements and characters change your view on romance novels?
9. Were you satisfied with Helen and Grant's ending? Did it feel like their emotional issues were resolved?
10. Were there any moments in the book when characters talked or did something together that affected you emotionally?
11. Since Yulin Kuang has experience with film, did her way of telling the story feel visual or like a movie in any way? Was there anything unique about how she wrote the book?

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