Discussion Questions

Dear Debbie

by Freida McFadden

1. How did your opinion of Debbie change from the beginning of the story to the end? At what moment did you start to question her reliability?

2. Dear Debbie plays with perspective and truth. How did the structure of Dear Debbie influence what you believed - and when?

3. Were there moments where you sympathized with characters despite their questionable actions? Which choices were hardest to judge?

4. The story revolves around buried truths. Do you think the damage came more from the original actions or from the secrets themselves?

5. Who truly holds the power in this story - and does that shift over time?

6. What scene or detail unsettled you the most, even if nothing 'big' was happening on the surface?

7. How does the book explore the idea of who we really are versus who we present to others?

8. Did you see the major reveals coming, or did they catch you off guard? Were there clues you noticed only in hindsight?

9. Did you find the ending satisfying? Why or why not - and what emotions did it leave you with?

10. How does Dear Debbie compare to other Freida McFadden books you've read? Does it change or reinforce what you expect from her as a thriller writer?